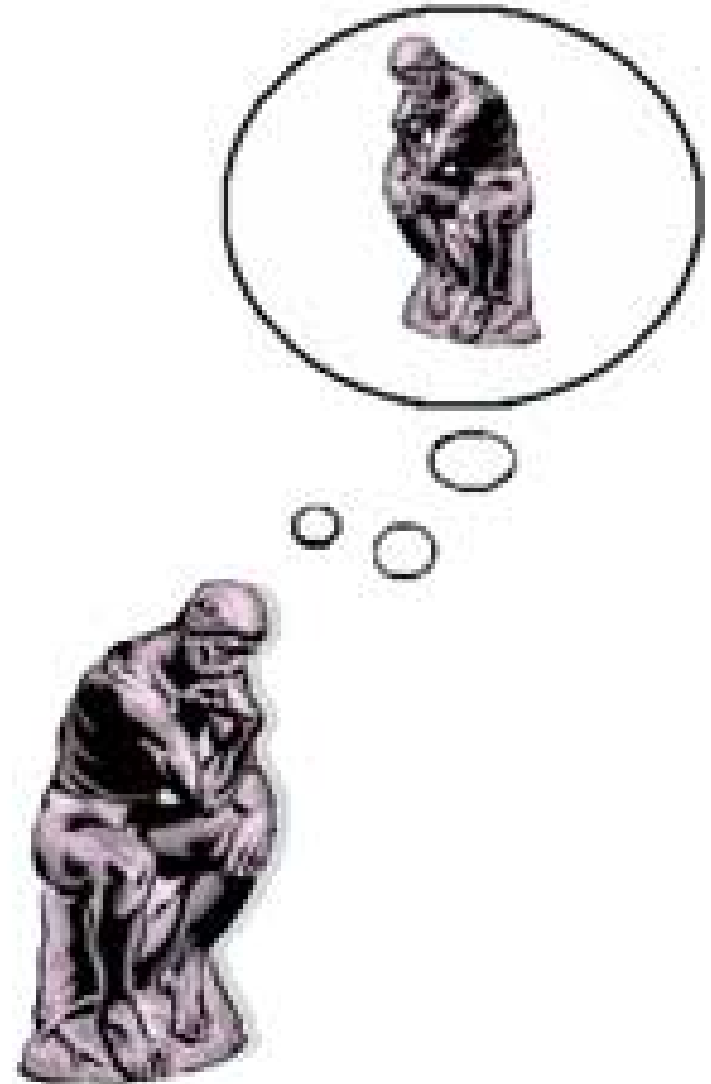


Using A Research Notebook

Metacognition

Think about
your
thinking;

knowing how to learn;
awareness of the
process of learning



Metacognition

METACOGNITION

consists of three basic elements:

Before - Developing a plan of action

During - Maintaining/monitoring the plan

After - Evaluating the plan



Before...when you are *developing* the plan of action, ask yourself:

- What in my prior knowledge will help me with this particular task?
- In what direction do I want my thinking to take me?
- What should I do first?
- Exhaust all options/Brainstorm - write down or work out all possible solutions or ideas.
- Tell someone about your idea. Ask for feedback.
- Consider size and composition.
What would be best for your idea?
- Sketch it out. Thumbnail drawings or plans.

Before...

Built a stretcher frame
12" X 24".
(reversed usual
procedure/change it up to
increase creativity: idea
first, then determine
size/format.)



Before...

Idea:

- incorporate found item:
old masking tape w/ red
50.
- work from object. Take
direction from it.



Before...



Inspiration: edge/line created by ice and snow melting along the side of the road.

Before...



Influence/Inspiration:

Sculptor Andy Goldsworthy's work. High contrast object with ground.

Before...



Influence/Inspiration:

Sculptor Andy Goldsworthy's work. High contrast object with ground.

Before...



Influence/Inspiration:

Sculptor Andy Goldsworthy's work. High contrast object with ground.

Before...

Ideas/Thoughts:

- use other found objects.
- divide space up into colored areas.
- create edges like snow and ice on road.
- attach a branch to canvas – Goldsworthy.
- paint a branch like recent work.

Before...

- paint a branch or other realistic elements like recent work.
- tape off areas to create color sections.



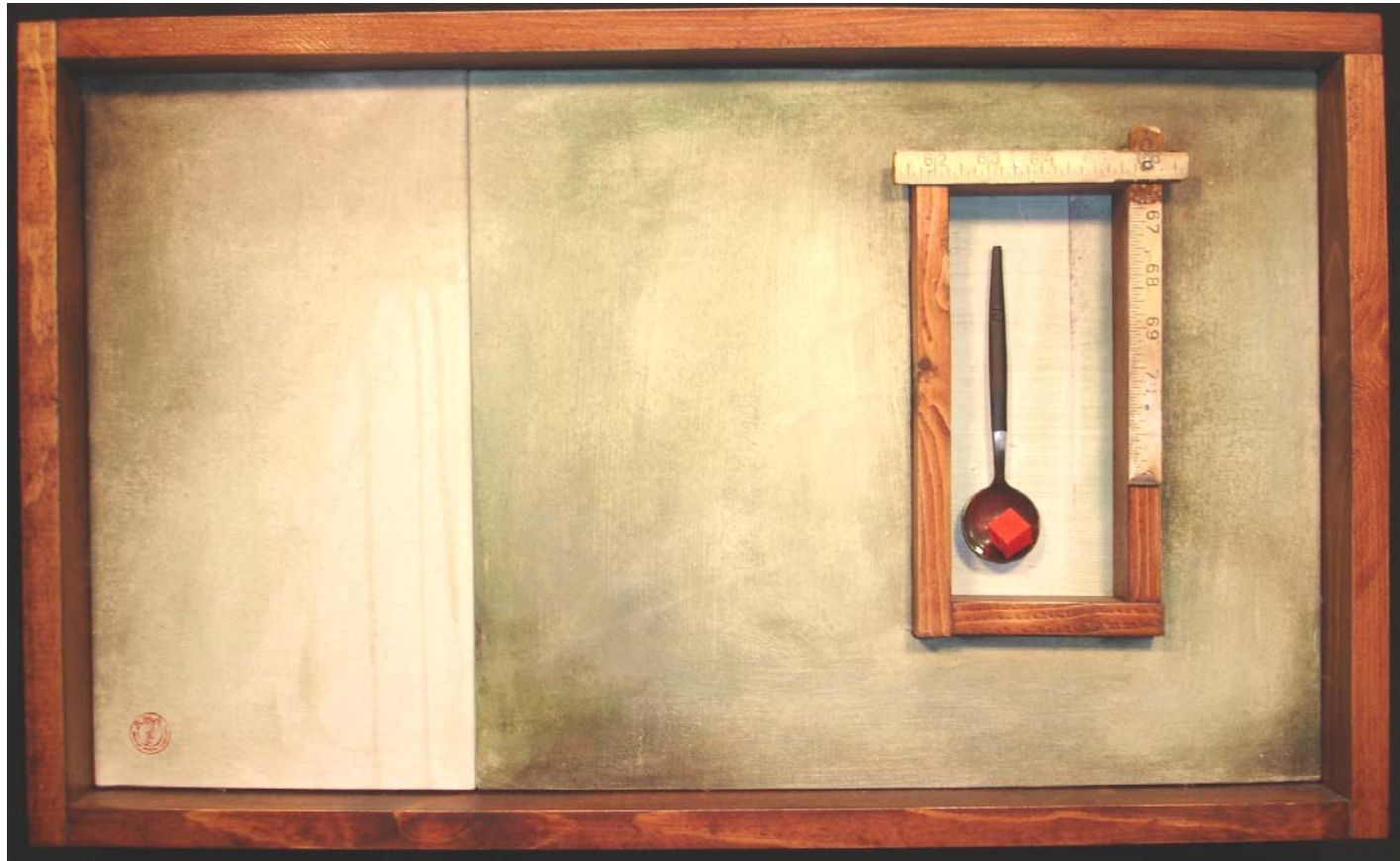
Before...

Ideas/Thoughts:


- ying-yang/balanced concept/opposites.
- man-made vs. natural objects.
- branch divides picture plane equally, but unequally.
- contrast of dark branch against light ground.
- branch linear, like an ink line.
- painted objects rather than using real ones.



Before...



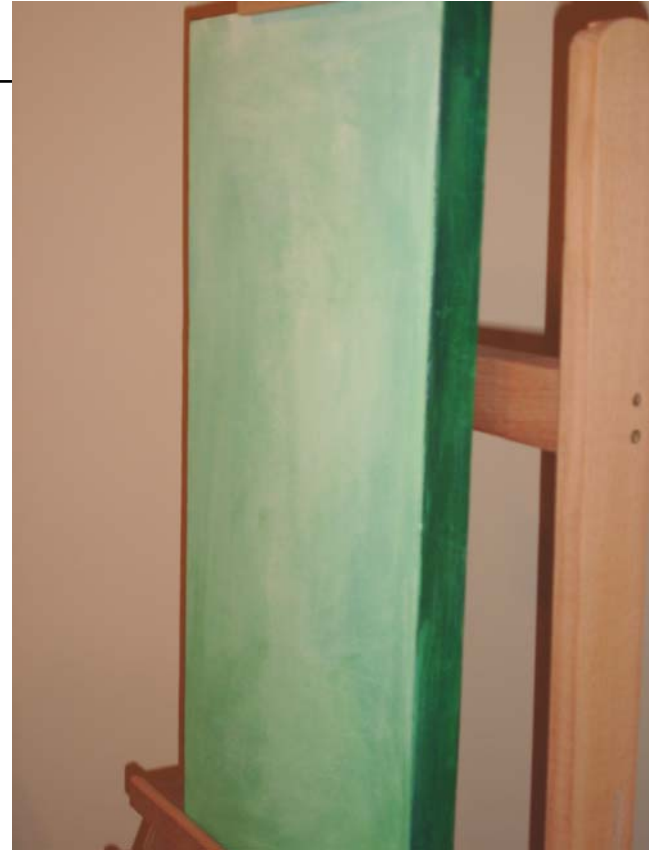
- use color scheme similar to “Spoonful” box.
- light green “spring-like.” Branch is dark, barren of life.
- background light and green = symbol of life.
- Opposites/green complimentary color to red 50 on tape.



During...when you are *maintaining/monitoring* the plan of action, ask yourself:

- How are you doing?
- How should you proceed?
- Should you move in a different direction?
- What do you need to do if you do not understand?
- Tell what you're doing.
- Describe and document work process.

During...

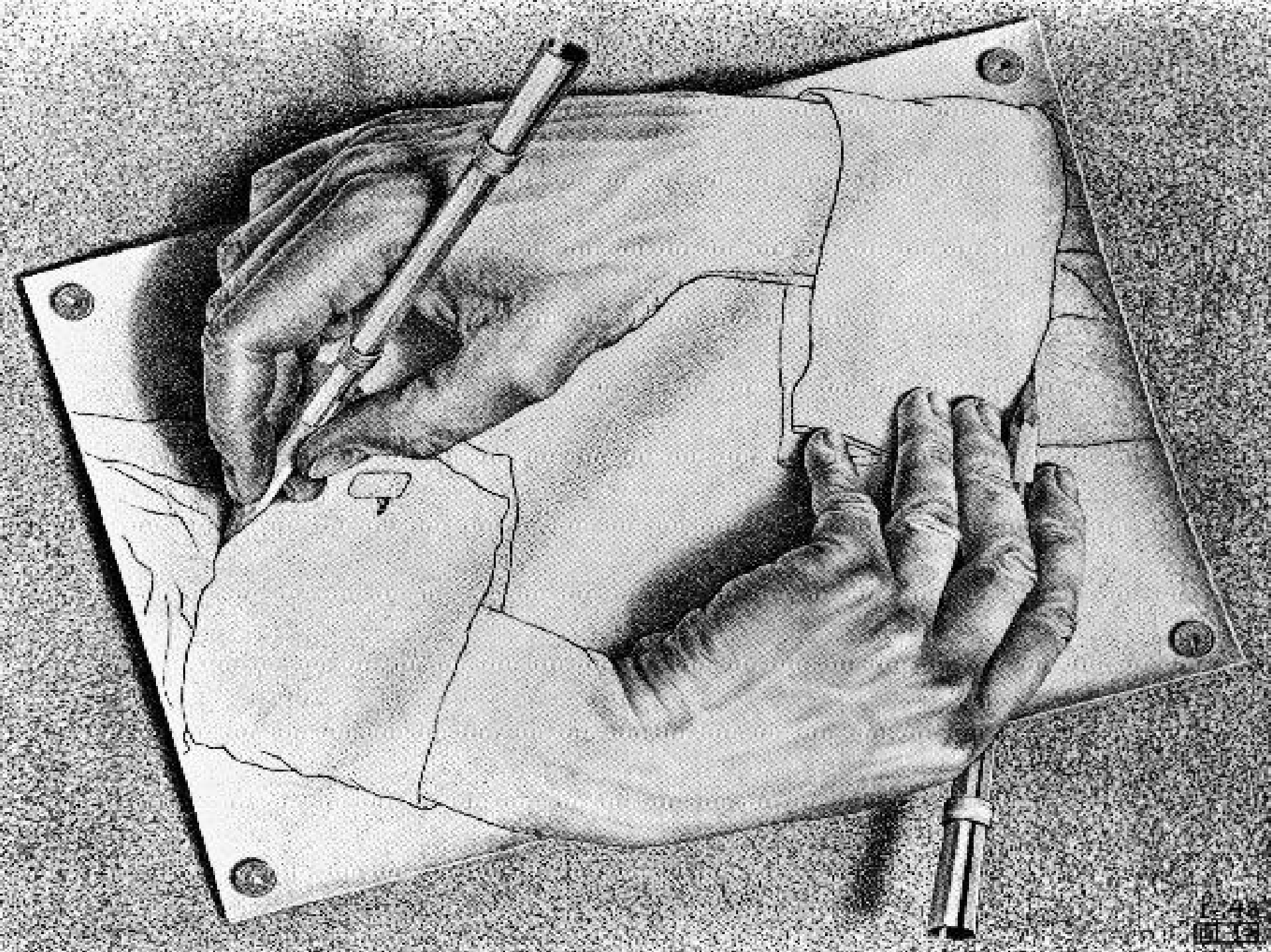



-phthalo green, hooker's green, and titanium white applied with damp paper towel. Reductive/subtractive painting with S.O.S. Green Scrubbie. Darkened edge by adding burnt sienna to this mix.

During...



- drew branch and cast shadow. Glued down masking tape with #50's
- Painted cast shadow cerulean blue. Glazed shadow w/ hooker's green softening/muting it in areas to show the stick is further away from canvas.
- Palette – phthalo blue, ultramarine blue, hooker's green, phthalo green, yellow ochre, burnt sienna, burnt umber, alizarin crimson. Layered color.





After...when you are *evaluating* the plan of action ask yourself:

- How well did you do?
- Did your particular course of thinking produce more or less than you had expected?
- How did your idea change? Did it change?
- What worked, what did not?
- What could you have done differently?
- Does your work communicate what you want to say?
- What did you learn?
- Describe how you finished.

After...

- kind of trompe l'oeil.
- top ½ too bright and yellow: need to match rest. Glazed top ½ of branch w/ raw umber & phthalo blue.
- applied two coats clear gloss varnish to branch only.
- pleased w/ results. Conveys original intentions. Idea didn't change – piece matched original mind image.
- interested in exploring using painted objects w/ found “actual objects.”
- would like to incorporate this concept into a box/niche assemblage format (see sketch).

